

NORMATEC

Compression Recovery Systems



The NormaTec PULSE 2.0 Series brings you cutting-edge connectivity and powerful results in a modern system that travels well and is built to last.

Patented and proven technology

Lightweight, compact system

Integrated battery for recovery on the go

Bluetooth wireless technology enabled mobile app



Health & Wellness:

- Increases blood circulation
- Quicker recovery time from surgeries & PT
- Relieves soreness, back pain & spasms
- Alleviates symptoms from:
 - Fibromyalgia
 - Migraine headaches
 - Psoriasis & eczema
 - Migraine headaches
 - Rheumatoid & Osteoarthritis

NORMATEC ATTACHMENTS

ARMS



LEGS



HIPS



The NormaTec Mobile App allows you to:



- customize time and pressure settings
- activate Zone Boost
- save and restore favorite settings
- track and share your recovery stats
- upload recovery data to your other training and tracking apps

Fitness Optimization

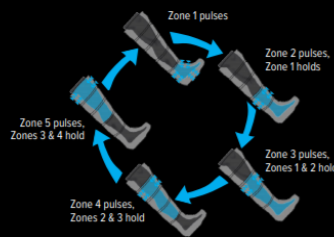
- Improves muscle strength and joint function
- Accelerates muscle recovery
- Reduces muscle soreness & inflammation
- Increases energy
- Quicker recovery time from injuries
- Relieves tendonitis pain

THE TECHNOLOGY.

Created by a physician bioengineer (MD, PhD) to enhance blood flow and speed recovery.

Patented *NormaTec Pulse* compression:

- // Pulsing - dynamic compression mobilizes fluid
- // Gradient Hold - prevents fluid backflow
- // Distal Release - allows normal circulation



TRUSTED BY PROS. BACKED BY RESEARCH.

Cutting edge NormaTec research:

// **Dynamic Compression Enhances Pressure-to-Pain Threshold**
Journal of Strength & Conditioning Research
2015 May; 29(5):1263-72

// **Peristaltic pulse compression upregulates PGC-1α and eNOS in human muscle tissue.**
Experimental Physiology
2015 May 15

// **Peristaltic pulse compression of the lower extremity enhances flexibility.**
Journal of Strength & Conditioning Research
2014 Apr; 28(4):1058-64

// **Peripheral conduit and resistance artery function are improved following peristaltic pulse compression.**
European Journal of Applied Physiology
2015 May 16



Beauty and Anti-aging

- Accelerates weight loss
- Increases metabolism & burns calories
- Promotes better quality sleep
- Increases collagen & reduces cellulite
- Reduces skin blemishes
- Increases endorphin levels & boosts mood
- Promotes tighter, healthier skin & complexion

PRICING	VAT INCL
LEG PULSE UNIT	R22 500
LEG & ARM PULSE UNIT	R32 000
LEG & HIP PULSE	R28 000
LEG ATTACHMENT	R9 200
ARM ATTACHMENT	R10 500
HIP ATTACHMENT	R7 300